

# Carfilzomib (Kyprolis)

### **About This Medicine**

Carfilzomib is used to treat cancer. It is given in the vein (IV).

#### **Possible Side Effects**

- A decrease in the number of red blood cells and platelets. This may make you tired and weak and raise your risk of bleeding.
- Nausea
- Diarrhea (loose bowel movements)
- Tiredness
- · Swelling of your legs, ankles and/or feet
- Fever
- Headache
- Cough
- · Trouble breathing

**Note:** Each of the side effects above was reported in greater than 20% of patients treated with carfilzomib. All possible side effects are not included. Your side effects may be different depending on your cancer diagnosis, condition, or if you are receiving other medicines in combination. Please discuss any concerns or questions with your medical team.

## **Warnings and Precautions**

- Congestive heart failure and/or risk of heart attack, which can be life-threatening. Congestive heart failure is when our heart is not pumping blood as well as it should be, and fluid can build up in your body.
- Changes in your kidney function, which can cause kidney failure and be life-threatening.
- Tumor lysis syndrome: This medicine may act on the cancer cells very quickly. This may affect how your kidneys work.
- Inflammation (swelling) and/or scarring of the lungs, which can be life-threatening. You may have a cough and/or trouble breathing.
- Pulmonary hypertension a serious condition involving increased blood pressure in the arteries of your lungs.
- High blood pressure, which can be life-threatening.



- Risk of blood clots. A blood clot in your leg may cause your leg to swell, appear red and warm, and/ or cause pain. A blood clot in your lungs may cause trouble breathing, pain when breathing, and/ or chest pain. If you use hormonal contraception, discuss choice of contraception and risk of blood clots with your medical team.
- While you are getting this medicine in your vein (IV), you may have a reaction to the medicine, which can be life-threatening. Sometimes you may be given medicine to stop or lessen these side effects. Your nurse will check you closely for these signs: fever or shaking chills, flushing, facial swelling, feeling dizzy, headache, trouble breathing, rash, itching, chest tightness, or chest pain. These reactions may happen after your infusion. If this happens, call 911 for emergency care.
- Abnormal bleeding which can be life-threatening symptoms may be coughing up blood, throwing
  up blood (may look like coffee grounds), red or black tarry bowel movements, abnormally heavy
  menstrual flow, nosebleeds, or any other unusual bleeding.
- Severe decrease in platelets, which can increase your risk of bleeding.
- Damage to small blood vessels which can cause bleeding and blood clots and can be lifethreatening.
- Changes in your liver function, which can cause liver failure and be life-threatening.
- Swelling in the brain that is usually reversible. Symptoms can be sudden (acute) and may include a
  headache, confusion, changes in eyesight, extreme tiredness/coma, and/or seizures. If you start
  to have any of these symptoms let your doctor know right away.
- A rare virus can cause an infection that affects your central nervous system and can be life-threatening. The central nervous system is made up of your brain and spinal cord. You could feel extreme tiredness, agitation, confusion, have trouble understanding or speaking, trouble thinking and/or memory loss, difficulty walking, eyesight changes, numbness or lack of strength to your arms, legs, or seizures. If you start to have any of these symptoms let your doctor know right away.

**Note:** Some of the side effects above are very rare. If you have concerns and/or questions, please discuss them with your medical team.

### **Important Information**

- Cytotoxic medicines leave the body through urine and stool, but they can also be present in other body fluids such as blood, vomit, semen, and vaginal fluids. Take precautions to prevent others from coming in contact with your medicine or your body fluids. Follow safety precautions during your treatment and for as long as directed by your health care provider after your treatment. If you take a cytotoxic pill each day, follow these precautions every day.
- This medicine may impair your ability to drive or use machinery. Use caution and tell your nurse or doctor if you feel dizzy, very sleepy, and/or experience low blood pressure.

## **Treating Side Effects**

- Manage tiredness by pacing your activities for the day.
- Be sure to include periods of rest between energy-draining activities.
- To help decrease the risk of bleeding, use a soft toothbrush. Check with your nurse before using dental floss.



- Be very careful when using knives or tools.
- Use an electric shaver instead of a razor.
- · Drink enough fluids to keep your urine pale yellow.
- If you throw up or have diarrhea, you should drink more fluids so that you do not become dehydrated (lack of water in the body from losing too much fluid).
- To help with nausea and vomiting, eat small, frequent meals instead of three large meals a day. Choose foods and drinks that are at room temperature. Ask your nurse or doctor about other helpful tips and medicine that is available to help stop or lessen these symptoms.
- If you have diarrhea, eat low-fiber foods that are high in protein and calories and avoid foods that can irritate your digestive tracts or lead to cramping.
- Ask your nurse or doctor about medicine that can lessen or stop your diarrhea.
- Keeping your pain under control is important to your well-being. Please tell your doctor or nurse if you are experiencing pain.
- Infusion reactions may occur after your infusion. If this happens, call 911 for emergency care.

#### **Food and Medicine Interactions**

- There are no known interactions of carfilzomib with food.
- This medicine may interact with other medicines. Tell your doctor and pharmacist about all the prescription and over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) that you are taking at this time. Also, check with your doctor or pharmacist before starting any new prescription or over-the-counter medicines, or dietary supplements to make sure that there are no interactions.

### When to Call the Doctor

Call your doctor or nurse if you have any of these symptoms and/or any new or unusual symptoms:

- Fever of 100.4° F (38° C) or higher
- Chills
- Tiredness that interferes with your daily activities
- A headache that does not go away
- · Blurry vision or other changes in eyesight
- Confusion and/or agitation
- Extreme tiredness and/or coma
- Trouble understanding or speaking
- Trouble thinking and/or memory loss
- Numbness or lack of strength to your arms, legs, face, or body
- Difficulty walking
- Feeling dizzy or lightheaded
- Easy bleeding or bruising
- Dry cough and/or a cough that is bothersome
- · Wheezing and/or trouble breathing



- · Lips or skin turn a bluish color
- Symptoms of a seizure such as confusion, blacking out, passing out, loss of hearing or vision, blurred vision, unusual smells or tastes (such as burning rubber), trouble talking, tremors or shaking in parts or all of the body, repeated body movements, tense muscles that do not relax, and loss of control of urine and bowels. If you or your family member suspects you are having a seizure, call 911 right away.
- Chest pain or symptoms of a heart attack. Most heart attacks involve pain in the center of the chest that lasts more than a few minutes. The pain may go away and come back or it can be constant. It can feel like pressure, squeezing, fullness, or pain. Sometimes pain is felt in one or both arms, the back, neck, jaw, or stomach. If any of these symptoms last 2 minutes, call 911.
- Feeling that your heart is beating fast or in a not normal way (palpitations)
- Nausea that stops you from eating or drinking and/or is not relieved by prescribed medicines
- Throwing up more than 3 times a day
- Diarrhea, 4 times in one day or diarrhea with lack of strength or a feeling of being dizzy
- Your leg is swollen, red, warm, and/or painful
- Swelling of your legs, feet, and/or ankles
- Weight gain of 5 pounds in one week (fluid retention)
- Signs of abnormal bleeding such as coughing up blood, throwing up blood (may look like coffee grounds), easy bleeding or bruising, red or black tarry bowel movements, abnormally heavy menstrual flow, nosebleeds, or any other unusual bleeding
- Decreased or very dark urine
- Signs of infusion reaction: fever or shaking chills, flushing, facial swelling, feeling dizzy, headache, trouble breathing, rash, itching, chest tightness, or chest pain. If this happens, call 911 for emergency care.
- Signs of possible liver problems: dark urine, pale bowel movements, pain in your abdomen, feeling very tired and weak, unusual itching, or yellowing of the eyes or skin
- Signs of tumor lysis: confusion or agitation, decreased urine, nausea/vomiting, diarrhea, muscle cramping, numbness and/or tingling, seizures
- If you think you may be pregnant or may have impregnated your partner

## **Reproduction Warnings**

- **Pregnancy warning**: This medicine can have harmful effects on the unborn baby. Women of childbearing potential should use effective methods of birth control during your cancer treatment and for 6 months after stopping treatment. Men with female partners of childbearing potential should use effective methods of birth control during your cancer treatment and for 3 months after stopping treatment. Let your doctor know right away if you think you may be pregnant or may have impregnated your partner.
- **Breastfeeding warning**: Women should not breastfeed during treatment and for 2 weeks after stopping treatment because this medicine could enter the breast milk and cause harm to a breastfeeding baby.
- Fertility warning: In men and women both, this medicine may affect your ability to have children in the future. Talk with your doctor or nurse if you plan to have children. Ask for information on sperm or egg banking.



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