

## Cisplatin

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### About This Medicine

Cisplatin is used to treat cancer. It is given in the vein (IV).

### Possible Side Effects

- Bone marrow suppression. This is a decrease in the number of white blood cells, red blood cells, and platelets. This may raise your risk of infection, make you tired and weak, and raise your risk of bleeding.
- Decreased hearing, ringing in the ear
- Nausea and vomiting (throwing up)
- Changes in your kidney function
- Effects on the nerves are called peripheral neuropathy. You may feel numbness, tingling, or pain in your hands and feet. It may be hard for you to button your clothes, open jars, or walk as usual. The effect on the nerves may get worse with more doses of the medicine. These effects get better in some people after the medicine is stopped but it does not get better in all people.
- Hair loss. Hair loss is often temporary, although with certain medicine, hair loss can sometimes be permanent. Hair loss may happen suddenly or gradually. If you lose hair, you may lose it from your head, face, armpits, pubic area, chest, and/or legs. You may also notice your hair getting thin.

**Note:** All possible side effects are not included. Your side effects may be different depending on your cancer diagnosis, condition, or if you are receiving other medicines in combination. Please discuss any concerns or questions with your medical team.

### Warnings and Precautions

- Hearing loss in one or both ears may happen. While very rare, it is not known if these effects are reversible.
- Blurred vision or other changes in eyesight
- Severe changes in your kidney function, which can cause kidney failure.
- Severe bone marrow suppression and neutropenic fever, a type of fever that can develop when you have a very low number of white blood cells which can be life-threatening.
- Severe nausea and vomiting if medicines to prevent these symptoms are not taken
- Severe effects on the nerves
- Allergic reactions, including anaphylaxis are rare but may happen in some patients and can be life-threatening. Signs of allergic reaction to this medicine may be swelling of the face, feeling like



your tongue or throat are swelling, trouble breathing, rash, itching, fever, chills, feeling dizzy, and/or feeling that your heart is beating in a fast or not normal way. **If this happens, do not take another dose of this medicine. You should get urgent medical treatment.**

- This medicine may raise your risk of getting a second cancer, such as acute leukemia.
- Skin and tissue irritation including redness, pain, warmth, or swelling at the IV site if the medicine leaks out of the vein and into nearby tissue. Very rarely it may cause local tissue necrosis (tissue death).

**Note:** *Some of the side effects above are very rare. If you have concerns and/or questions, please discuss them with your medical team.*

## Important Information

- Cytotoxic medicines leave the body through urine and stool, but they can also be present in other body fluids such as blood, vomit, semen, and vaginal fluids. Take precautions to prevent others from coming in contact with your medicine or your body fluids. Follow safety precautions during your treatment and for as long as directed by your health care provider after your treatment. If you take a cytotoxic pill each day, follow these precautions every day.
- If you are receiving this medicine in the abdominal cavity (intraperitoneally/IP), talk to your doctor and/or nurse about possible side effects, necessary precautions, and what to expect during this treatment.

## Treating Side Effects

- Manage tiredness by pacing your activities for the day.
- Be sure to include periods of rest between energy-draining activities.
- To decrease the risk of infection, wash your hands regularly.
- Avoid close contact with people who have a cold, the flu, or other infections.
- Take your temperature as your doctor or nurse tells you, and whenever you feel like you may have a fever.
- To help decrease the risk of bleeding, use a soft toothbrush. Check with your nurse before using dental floss.
- Be very careful when using knives or tools.
- Use an electric shaver instead of a razor.
- Drink enough fluids to keep your urine pale yellow.
- If you throw up, you should drink more fluids so that you do not become dehydrated (lack of water in the body from losing too much fluid).
- To help with nausea and vomiting, eat small, frequent meals instead of three large meals a day. Choose foods and drinks that are at room temperature. Ask your nurse or doctor about other helpful tips and medicine that is available to help stop or lessen these symptoms.
- If you have numbness and tingling in your hands and feet, be careful when cooking, walking, and handling sharp objects and hot liquids.
- To help with hair loss, wash with a mild shampoo and avoid washing your hair every day. Avoid coloring your hair.



- Avoid rubbing your scalp, pat your hair or scalp dry.
- Limit your use of hair spray, electric curlers, blow dryers, and curling irons.
- If you are interested in getting a wig, talk to your nurse and they can help you get in touch with programs in your local area.

## Food and Medicine Interactions

- There are no known interactions of cisplatin with food.
- This medicine may interact with other medicines. Tell your doctor and pharmacist about all the prescription and over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) that you are taking at this time. Also, check with your doctor or pharmacist before starting any new prescription or over-the-counter medicines, or dietary supplements to make sure that there are no interactions.

## When to Call the Doctor

Call your doctor or nurse if you have any of these symptoms and/or any new or unusual symptoms:

- Fever of 100.4° F (38° C) or higher
- Chills
- Blurred vision or other changes in eyesight
- Tiredness that interferes with your daily activities
- Feeling dizzy or lightheaded
- Easy bleeding or bruising
- Decreased or loss of hearing
- Ringing in the ear
- Nausea that stops you from eating or drinking and/or is not relieved by prescribed medicines
- Throwing up more than 3 times a day
- Decreased or very dark urine
- Numbness, tingling, or pain in your hands and feet
- While you are getting this medicine, please tell your nurse right away if you have any pain, redness, or swelling at the site of the IV infusion.
- Signs of allergic reaction: swelling of the face, feeling like your tongue or throat are swelling, trouble breathing, rash, itching, fever, chills, feeling dizzy, and/or feeling that your heart is beating in a fast or not normal way. **If this happens, call 911 for emergency care.**
- If you think you may be pregnant or may have impregnated your partner

## Reproduction Warnings

- **Pregnancy warning:** This medicine can have harmful effects on the unborn baby. Women of childbearing potential should use effective methods of birth control during your cancer treatment and for at 14 months after stopping treatment. Men with female partners of childbearing potential should use effective methods of birth control during your cancer treatment and for 11 months after



stopping treatment. Let your doctor know right away if you think you may be pregnant or may have impregnated your partner.

- **Breastfeeding warning:** Women should not breastfeed during treatment because this medicine could enter the breast milk and cause harm to a breastfeeding baby.
- **Fertility warning:** In men and women both, this medicine may affect your ability to have children in the future. Talk with your doctor or nurse if you plan to have children. Ask for information on sperm or egg banking.

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