

## Flutamide (Eulexin)

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### About This Medicine

FLUTAMIDE (FLOO ta mide) treats prostate cancer. It works by blocking the effect of testosterone and other hormones in your body, which may slow or stop cancer cells from spreading or growing. It is given orally (by mouth).

This medicine may be used for other purposes; ask your care team if you have questions.

### Possible Side Effects

- Hot flashes or sudden skin flushing may happen. You may also feel warm or red.
- Nausea and vomiting (throwing up)
- Diarrhea (loose bowel movements)
- Swelling of your breasts and/or breast pain
- Decreased sex drive
- Impotence (erectile dysfunction)
- Rash

**Note:** All possible side effects are not included. Your side effects may be different depending on your cancer diagnosis, condition, or if you are receiving other medicines in combination. Please discuss any concerns or questions with your care team.

### Warnings and Precautions

- Changes in your liver function, which can cause liver failure and be life-threatening
- Increased risk of aniline exposure if you have history of glucose-6-phosphate dehydrogenase deficiency, hemoglobin M disease, or smoking.

**Note:** Some of the side effects above are very rare. If you have concerns and/or questions, please discuss them with your care team.

### Important Information



- Do not stop taking flutamide without first talking with your care team.

## How to Take Your Medicine

- You can take the medicine with or without food.
- **Missed dose:** If you vomit or miss a dose, take your next dose at the regular time. Do not take 2 doses at the same time and do not double up on the next dose.
- **Overdosage:** If you think you have taken too much of this medicine contact a poison control center or emergency room at once.
- **Handling:** Wash your hands with soap and water, before and after handling your medicine. Your caretakers should not handle your medicine with bare hands and should wear latex gloves.
- This medicine may be present in the urine, stool and other body fluids such as blood, vomit, semen, and vaginal fluids. Take precautions to prevent others from coming in contact with your medicine or your body fluids. Follow safety precautions during your treatment and for as long as directed by your care team after your treatment. If you take a pill each day, follow these precautions every day.
- **Storage:** Store this medicine in the original container at room temperature. Protect from light. Keep out of the reach of children and pets.
- **Disposal of unused medicine:** Do not flush any expired and/or unused medicine down the toilet or drain unless you are specifically instructed to do so on the medicine label. Some facilities have take-back programs and/or other options. If you do not have a take-back program in your area, then please discuss with your care team how to dispose of unused medicine.

## Treating Side Effects

- Drink enough fluids to keep your urine pale yellow.
- If you throw up or have diarrhea, you should drink more fluids so that you do not become dehydrated (lack of water in the body from losing too much fluid).
- To help with nausea and vomiting, eat small, frequent meals instead of three large meals a day. Choose foods and drinks that are at room temperature. Ask your care team about other helpful tips and medicine that is available to help stop or lessen these symptoms.
- If you have diarrhea, eat low-fiber foods that are high in protein and calories and avoid foods that can irritate your digestive tracts or lead to cramping.
- Ask your care team about medicine that can lessen or stop your diarrhea.
- If you get a rash do not put anything on it unless your care team says you may. Keep the area around the rash clean and dry. Ask your care team for medicine if your rash bothers you.

## Food and Medicine Interactions

- There are no known interactions of flutamide with food.
- Check with your care team about all other prescription medicines and over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) you are taking before starting this medicine as there are known medicine interactions with flutamide. Also, check with your care team before starting any new prescription or over-the-counter medicines, or dietary supplements to make sure that there are no interactions.



- There are known interactions of flutamide with blood thinning medicine such as warfarin. Ask your care team what precautions you should take.

## When to Call Your Care Team

Call your care team if you have any of these symptoms and/or any new or unusual symptoms:

- Diarrhea, 4 times in one day or diarrhea with lack of strength or a feeling of being dizzy
- Nausea that stops you from eating or drinking and/or is not relieved by prescribed medicines
- Throwing up more than 3 times a day
- Signs of possible liver problems: dark urine, pale bowel movements, pain in your abdomen, feeling very tired and weak, unusual itching, or yellowing of the eyes or skin
- Breast tenderness
- Pain that does not go away or is not relieved by prescribed medicine
- A new rash or a rash that is not relieved by prescribed medicines
- Signs of aniline exposure such as confusion, headache, feeling dizzy, ringing in the ear and/or extreme tiredness/feeling sleepy

## Reproduction Warnings

- **Pregnancy warning:** Talk with your care team if you are planning to become pregnant while taking this medicine. Tell your care team right away if you think your partner might be pregnant.
- **Fertility warning:** This medicine may affect your ability to have children in the future. If you plan to have children, talk with your care team.

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