

## Nilutamide (Nilandron)

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### About This Medicine

Nilutamide is used to treat cancer. It is given orally (by mouth).

### Possible Side Effects

- Hot flashes or sudden skin flushing may happen. You may also feel warm or red.
- You may have difficulty seeing when going from a lighted area to a dark area.

**Note:** Each of the side effects above was reported in 10% or greater of patients treated with nilutamide and surgical castration. All possible side effects are not included. Your side effects may be different depending on your cancer diagnosis, condition, or if you are receiving other medicines in combination. Please discuss any concerns or questions with your medical team.

### Warnings and Precautions

- Inflammation (swelling) of the lungs, which can be life-threatening. You may have a dry cough and/or trouble breathing.
- Changes in your liver function, which can be life-threatening.

**Note:** Some of the side effects above are very rare. If you have concerns and/or questions, please discuss them with your medical team.

### Important Information

- Do not stop taking nilutamide without first talking with your doctor.
- This medicine may impair your ability to drive, especially at night or through tunnels. Use caution and tell your nurse or doctor if you experience this effect.
- Nilutamide may cause intolerance to alcohol. Alcohol should be avoided if you experience hot flashes, skin flushing, general discomfort or have a feeling of being unwell after drinking alcohol.

### How to Take Your Medicine

- Swallow the medicine whole with or without food.



- **Missed dose:** If you vomit or miss a dose, contact your doctor. Do not take 2 doses at the same time and do not double up on the next dose
- **Handling:** Wash your hands with soap and water, before and after handling your medicine. Your caretakers should not handle your medicine with bare hands and should wear latex gloves.
- **Storage:** Store this medicine in the original container at room temperature. Protect from light.
- **Disposal of unused medicine:** Do not flush any expired and/or unused medicine down the toilet or drain unless you are specifically instructed to do so on the medicine label. Some facilities have take-back programs and/or other options. If you do not have a take-back program in your area, then please discuss with your nurse or your doctor how to dispose of unused medicine.

## Food and Medicine Interactions

- There are no known interactions of nilutamide with food.
- Check with your doctor or pharmacist about all other prescription medicines and over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) you are taking before starting this medicine as there are known medicine interactions with nilutamide. Also, check with your doctor or pharmacist before starting any new prescription or over-the-counter medicines, or dietary supplements to make sure that there are no interactions.
- There are known interactions of nilutamide with blood thinning medicine such as warfarin. Ask your doctor what precautions you should take.

## When to Call the Doctor

Call your doctor or nurse if you have any of these symptoms and/or any new or unusual symptoms:

- Fever of 100.4° F (38° C) or higher
- Chills
- Difficulty adapting to changes in light
- Pain in your chest
- Dry cough
- Wheezing and/or trouble breathing
- Signs of possible liver problems: dark urine, pale bowel movements, pain in your abdomen, feeling very tired and weak, unusual itching, or yellowing of the eyes or skin

## Reproduction Warnings

- **Pregnancy warning:** It is not known if this medicine may harm an unborn child. Nilutamide is not indicated for use in women.
- **Breastfeeding warning:** It is not known if this medicine passes into breast milk. Nilutamide is not indicated for use in women.
- **Fertility warning:** Fertility studies have not been done with this medicine. Talk with your doctor or nurse if you plan to have children. Ask for information on sperm banking.



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