

Raxoifene

Other Names: Evista

About This Drug

Raloxifene is used to treat osteoporosis and to prevent breast cancer. It is given by mouth.

Possible Side Effects (More Common)

- Swelling of your legs, ankles and/or feet
- Flu-like symptoms: fever, headache, muscle and joint aches, and fatigue (low energy, feeling weak)
- · Hot flashes

Possible Side Effects (Less Common)

- Blood clots. A blood clot in your leg may cause your leg to swell, appear red and warm, and/or cause pain. A blood clot in your lungs may cause trouble breathing, pain when breathing, and/or chest pain.
- Stroke. Symptoms of a stroke such as sudden numbness or weakness of your face, arm, or leg, especially on one side of your body; sudden confusion, trouble speaking or understanding; sudden trouble seeing in one or both eyes; sudden trouble walking, feeling dizzy, loss of balance or coordination; or sudden bad headache with no known cause. If you have any of these symptoms for 2 minutes, call 911.

Treating Side Effects

• Ask your doctor or nurse about medicine that is available to help stop or lessen fever, headache, muscle and joint aches.

Food and Drug Interactions

There are no known interactions of raloxifene with food. This drug may interact with other medicines. Tell your doctor and pharmacist about all the medicines and dietary supplements (vitamins, minerals, herbs and others) that you are taking at this time. The safety and use of dietary supplements and alternative diets are often not known. Using these might affect your cancer or interfere with your treatment. Until more is known, you should not use dietary supplements or alternative diets without your cancer doctor's help.

When to Call the Doctor

Call your doctor or nurse **right away** if you have any of these symptoms:

- Fever of 100.5 F (38 C) or above
- Chills
- Easy bruising or bleeding
- Wheezing or trouble breathing
- · Rash or itching
- · Feeling dizzy or lightheaded
- Feeling that your heart is beating in a fast or not normal way (palpitations)
- Loose bowel movements (diarrhea) more than 4 times a day or diarrhea with weakness or feeling lightheaded
- · Blurred vision or other changes in eyesight
- Pain when passing urine; blood in urine
- · Pain in your lower back or side
- · Feeling confused or agitated
- · Nausea that stops you from eating or drinking
- Throwing up more than 3 times a day
- Chest pain or symptoms of a heart attack. Most heart attacks involve pain in the center of the chest that lasts more than a few minutes. The pain may go away and come back. It can feel like pressure, squeezing, fullness, or pain. Sometimes pain is felt in one or both arms, the back, neck, jaw, or stomach. If any of these symptoms last 2 minutes, call 911.
- Symptoms of a stroke such as sudden numbness or weakness of your face, arm, or leg, mostly on one side of your body; sudden confusion, trouble speaking or understanding; sudden trouble seeing in one or both eyes; sudden trouble walking, feeling dizzy, loss of balance or coordination; or sudden, bad headache with no known cause. If you have any of these symptoms for 2 minutes, call 911.
- Signs of liver problems: dark urine, pale bowel movements, bad stomach pain, feeling very tired and weak, unusual itching, or yellowing of the eyes or skin,

Call your doctor or nurse as soon as possible if any of these symptoms happen:

- · Change in hearing, ringing in the ears
- · Decreased urine
- · Unusual thirst or passing urine often
- Pain in your mouth or throat that makes it hard to eat or drink

- Nausea that is not relieved by prescribed medicines
- Rash that is not relieved by prescribed medicines
- Heavy menstrual period that lasts longer than normal
- Numbness, tingling, decreased feeling or weakness in fingers, toes, arms, or legs
- Trouble walking or changes in the way you walk; feeling clumsy when buttoning clothes, opening jars, or other routine hand motions
- Swelling of legs, ankles, or feet
- Weight gain of 5 pounds in one week (fluid retention)
- Lasting loss of appetite or rapid weight loss of five pounds in a week
- Fatigue that interferes with your daily activities
- Headache that does not go away
- · Painful, red, or swollen areas on your hands or feet
- No bowel movement for 3 days or you feel uncomfortable
- Extreme weakness that interferes with normal activities

Reproduction Concerns

- **Pregnancy warning:** This drug may cause very harmful effects on an unborn child. Raloxifene should never be used by women who are pregnant or who could become pregnant while taking the drug.
- Breast feeding warning: Raloxifene should not be used by breast feeding mothers. It is not known if this drug passes into breast milk. For this reason, women should talk to their doctor about the risks and benefits of breast feeding during treatment with this drug because this drug may enter the breast milk and badly harm a breast feeding baby.

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