

Sulindac

About This Medicine

Sulindac is a non-steroidal anti-inflammatory (NSAID) medicine used to treat pain and decrease inflammation (swelling). It can also be used to help treat cancer. It is given orally (by mouth).

Possible Side Effects

- Ringing in the ear
- Pain in your abdomen
- Stomach cramps
- Nausea and vomiting (throwing up)
- Diarrhea (loose bowel movements)
- Constipation (unable to move bowels)
- Excess gas
- Indigestion, heartburn
- Swelling of the hands, feet, or any other part of the body
- Decreased appetite (decreased hunger)
- Feeling dizzy
- Headache
- Feeling nervous or worried (anxiety)
- Rash and itching

Note: All possible side effects are not included. Your side effects may be different depending on your cancer diagnosis, condition, or if you are receiving other medicines in combination. Please discuss any concerns or questions with your medical team.

Warnings and Precautions

- Changes in your heart function such as congestive heart failure – your heart is not pumping blood as well as it should be, and fluid can build up in your body.
- Risk of blood clots and events such as stroke and heart attack. A blood clot in your leg may cause your leg to swell, appear red and warm, and/or cause pain. A blood clot in your lungs may cause trouble breathing, pain when breathing, and/or chest pain.
- High blood pressure



- Severe and life-threatening inflammation of your stomach, small and/or large intestine, which can cause bleeding, sores that may cause pain or bleeding in the digestive tract (ulcers), and/or perforation (an abnormal hole).
- Changes in your liver function, which can cause liver failure and be life-threatening.
- Changes in your kidney function, which can cause kidney failure
- Blurred vision or other changes in eyesight
- Allergic reactions, including anaphylaxis are rare but may happen in some patients, and can be life-threatening. Signs of allergic reaction to this medicine may be swelling of the face, feeling like your tongue or throat are swelling, trouble breathing, rash, itching, fever, chills, feeling dizzy, and/or feeling that your heart is beating in a fast or not normal way. **If this happens, do not take another dose of this medicine. You should get urgent medical treatment.**
- Severe allergic skin reactions which can be life-threatening. You may develop blisters on your skin that are filled with fluid or a severe red rash all over your body that may be painful. Sometimes, you may have a rash along with problems with your organs, swollen lymph nodes, a fever and higher than normal white blood cells.
- Inflammation of your pancreas
- Decrease in red blood cells. This may make you feel more tired.

Note: Some of the side effects above are very rare. If you have concerns and/or questions, please discuss them with your medical team.

Important Information

- Tell your doctor before taking sulindac about all your medical conditions, especially if you have a history of asthma, itching or an allergic reaction after taking aspirin or other NSAIDs.
- Do not take this medicine right before or after a heart surgery called a coronary artery bypass graft (CABG), or after a heart attack unless your doctor tells you to.

How to Take Your Medicine

- Swallow this medicine with food.
- **Missed dose:** If you miss a dose, contact your doctor for further instructions. Do not take 2 doses at the same time and do not double up on the next dose.
- **Storage:** Store this medicine in the original container at room temperature. Discuss with your nurse or your doctor how to dispose of unused medicine.

Treating Side Effects

- Manage tiredness by pacing your activities for the day.
- Be sure to include periods of rest between energy-draining activities.
- If you are dizzy, get up slowly after sitting or lying.
- Drink enough fluids to keep your urine pale yellow.
- If you throw up or have diarrhea, you should drink more fluids so that you do not become dehydrated (lack of water in the body from losing too much fluid).



- To help with nausea and vomiting, eat small, frequent meals instead of three large meals a day. Choose foods and drinks that are at room temperature. Ask your nurse or doctor about other helpful tips and medicine that is available to help stop or lessen these symptoms.
- If you have diarrhea, eat low-fiber foods that are high in protein and calories and avoid foods that can irritate your digestive tracts or lead to cramping.
- Ask your nurse or doctor about medicine that can lessen or stop your diarrhea and/or constipation.
- If you are not able to move your bowels, check with your doctor or nurse before you use enemas, laxatives, or suppositories.
- Avoid gas-producing foods, such as brussels sprouts, cabbage, cauliflower, carrots, prunes, and apricots.
- To help with decreased appetite, eat small, frequent meals. Eat foods high in calories and protein, such as meat, poultry, fish, dry beans, tofu, eggs, nuts, milk, yogurt, cheese, ice cream, pudding, and nutritional supplements.
- Consider using sauces and spices to increase taste. Daily exercise, with your doctor's approval, may increase your appetite.
- If you get a rash do not put anything on it unless your doctor or nurse says you may. Keep the area around the rash clean and dry. Ask your doctor for medicine if your rash bothers you.
- To help with itching, moisturize your skin several times a day.
- Avoid sun exposure and apply sunscreen routinely when outdoors.
- Keeping your pain under control is important to your well-being. Please tell your doctor or nurse if you are experiencing pain.

Food and Medicine Interactions

- There are no known interactions of sulindac with food.
- Check with your doctor or pharmacist about all other prescription medicines and over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) you are taking before starting this medicine as there are known medicine interactions with sulindac. Also, check with your doctor or pharmacist before starting any new prescription or over-the-counter medicines, or dietary supplements to make sure that there are no interactions.
- There are known interactions of sulindac with medicines and products like aspirin and ibuprofen. Ask your doctor what over-the-counter (OTC) medicines you can take for fever, headache, and muscle and joint pain.

When to Call the Doctor

Call your doctor or nurse if you have any of these symptoms and/or any new or unusual symptoms:

- Fever of 100.4° F (38° C) or higher
- Chills
- A headache that does not go away
- Blurry vision or other changes in eyesight
- Feeling dizzy or lightheaded
- Confusion or agitation



- Ringing in the ear
- Wheezing and/or trouble breathing
- Chest pain or symptoms of a heart attack. Most heart attacks involve pain in the center of the chest that lasts more than a few minutes. The pain may go away and come back. It can feel like pressure, squeezing, fullness, or pain. Sometimes pain is felt in one or both arms, the back, neck, jaw, or stomach. **If any of these symptoms last 2 minutes, call 911.**
- Feeling that your heart is beating fast or in a not normal way (palpitations)
- Symptoms of a stroke such as sudden numbness or weakness of your face, arm, or leg, mostly on one side of your body; sudden confusion, trouble speaking or understanding; sudden trouble seeing in one or both eyes; sudden trouble walking, feeling dizzy, loss of balance or coordination; or sudden, bad headache with no known cause. **If you have any of these symptoms for 2 minutes, call 911.**
- Tiredness that interferes with your daily activities
- Lasting loss of appetite or rapid weight loss of five pounds in a week
- Excessive gas or pain in your abdomen that does not go away
- Pain along the digestive tract, especially if worse after eating
- Severe pain in your abdomen that may spread to your back
- Difficulty swallowing
- Blood in your vomit (bright red or coffee-ground) and/or stools (bright red, or black/tarry)
- Coughing up blood
- Nausea that stops you from eating or drinking or is not relieved by prescribed medicine
- Throwing up more than 3 times a day
- No bowel movement in 3 days or when you feel uncomfortable
- Diarrhea, 4 times in one day or diarrhea with lack of strength or a feeling of being dizzy
- Weight gain of 5 pounds in one week (fluid retention)
- Swelling of the hands, feet, or any other part of the body
- Your leg is swollen, red, warm, and/or painful
- Swollen lymph nodes in your neck and/or armpits
- Decreased or very dark urine
- Signs of possible liver problems: dark urine, pale bowel movements, pain in your abdomen, feeling very tired and weak, unusual itching, or yellowing of the eyes or skin
- Signs of allergic reaction: swelling of the face, feeling like your tongue or throat are swelling, trouble breathing, rash, itching, fever, chills, feeling dizzy, and/or feeling that your heart is beating in a fast or not normal way. **If this happens, call 911 for emergency care.**
- A new rash or a rash that is not relieved by prescribed medicines
- Flu-like symptoms: fever, headache, muscle and joint aches, and fatigue (low energy, feeling weak)
- Itching that is bothersome
- If you think you may be pregnant

Reproduction Warnings

- **Pregnancy warning:** This medicine can have harmful effects on the unborn baby. For this reason, be sure to talk with your doctor if you are pregnant or planning to become pregnant while receiving this medicine. Let your doctor know right away if you think you may be pregnant



- **Breastfeeding warning:** It is not known if this medicine passes into breast milk. For this reason, women should talk to their doctor about the risks and benefits of breastfeeding during treatment with this medicine because this medicine may enter the breast milk and cause harm to a breastfeeding baby.
- **Fertility warning:** Fertility studies have not been done with this medicine. Talk with your doctor or nurse if you plan to have children.

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