

## Thiotepa (Tepadina)

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### About This Medicine

Thiotepa is used to treat cancer. It is given in the vein (IV), but can also be given in a body cavity (intracavitary) or in the bladder (intravesical).

### Possible Side Effects

- Bone marrow suppression. This is a decrease in the number of white blood cells, red blood cells, and platelets. This may raise your risk of infection, make you tired and weak, and raise your risk of bleeding.
- Soreness of the mouth and throat. You may have red areas, white patches, or sores that hurt.
- Diarrhea (loose bowel movements)
- Abnormal bleeding – symptoms may be coughing up blood, throwing up blood (may look like coffee grounds), red or black tarry bowel movements, abnormally heavy menstrual flow, nosebleeds or any other unusual bleeding.
- Changes in your liver function
- Cytomegalovirus (CMV) infection. CMV is a common virus which can be more severe in patients with compromised immune system.
- Blood in your urine
- Rash

**Note:** Each of the side effects above was reported in 10% or greater of patients treated with thiotepa. All possible side effects are not included. Your side effects may be different depending on your cancer diagnosis, condition, or if you are receiving other medicines in combination. Please discuss any concerns or questions with your medical team.

### Warnings and Precautions

- Most often, in patients receiving high doses of thiotepa, a stem cell transplant is needed after therapy to prevent complications from severe bone marrow suppression.
- Allergic reactions, including anaphylaxis are rare but may happen in some patients. Signs of allergic reaction to this medicine may be swelling of the face, feeling like your tongue or throat are swelling, trouble breathing, rash, itching, fever, chills, feeling dizzy, and/or feeling that your heart is beating in a fast or not normal way. **If this happens, do not take another dose of this medicine. You should get urgent medical treatment.**

- Changes in your liver function and blockage of small veins in the liver, which can cause liver failure and be life-threatening. This can occur in patients that receive thiotepa in combination with other medicines for bone marrow transplant.
- Changes in your central nervous system can happen which can be life-threatening. The central nervous system is made up of your brain and spinal cord. You could feel extreme tiredness, agitation, confusion, hallucinations (see or hear things that are not there), have trouble understanding or speaking, loss of control of your bowels or bladder, eyesight changes, numbness or lack of strength to your arms, legs, face, or body, seizures or coma. **If you start to have any of these symptoms let your doctor know right away.**
- Severe allergic skin reaction and/or darkening of the skin, or changes to the color of your skin may occur. You may develop blisters on your skin that are filled with fluid or a severe red rash all over your body that may be painful.
- This medicine may raise your risk of getting a second cancer.

**Note:** Some of the side effects above are very rare. If you have concerns and/or questions, please discuss them with your medical team.

## Important Information

- Talk to your doctor before receiving any vaccinations during your treatment. Some vaccinations are not recommended while receiving thiotepa.
- Cytotoxic medicines leave the body through urine and stool, but they can also be present in other body fluids such as blood, vomit, semen, and vaginal fluids. Take precautions to prevent others from coming in contact with your medicine or your body fluids. Follow safety precautions during your treatment and for as long as directed by your health care provider after your treatment. If you take a cytotoxic pill each day, follow these precautions every day.
- This medicine is excreted through your skin. You should shower or bathe with water at least twice a day during treatment and for 2 days after treatment. Your bed linens should be changed daily during treatment.

## Treating Side Effects

- Manage tiredness by pacing your activities for the day.
- Be sure to include periods of rest between energy-draining activities.
- To decrease the risk of infection, wash your hands regularly.
- Avoid close contact with people who have a cold, the flu, or other infections.
- Take your temperature as your doctor or nurse tells you, and whenever you feel like you may have a fever.
- To help decrease the risk of bleeding, use a soft toothbrush. Check with your nurse before using dental floss.
- Be very careful when using knives or tools.
- Use an electric shaver instead of a razor.
- Mouth care is very important. Your mouth care should consist of routine, gentle cleaning of your teeth or dentures and rinsing your mouth with a mixture of 1/2 teaspoon of salt in 8 ounces of water



or 1/2 teaspoon of baking soda in 8 ounces of water. This should be done at least after each meal and at bedtime.

- If you have mouth sores, avoid mouthwash that has alcohol. Also avoid alcohol and smoking because they can bother your mouth and throat.
- Drink enough fluids to keep your urine pale yellow.
- If you throw up or have diarrhea, you should drink more fluids so that you do not become dehydrated (lack of water in the body from losing too much fluid).
- If you have diarrhea, eat low-fiber foods that are high in protein and calories and avoid foods that can irritate your digestive tracts or lead to cramping.
- Ask your nurse or doctor about medicine that can lessen or stop your diarrhea.
- If you get a rash do not put anything on it unless your doctor or nurse says you may. Keep the area around the rash clean and dry. Ask your doctor for medicine if your rash bothers you.

## Food and Medicine Interactions

- This medicine may interact with grapefruit and grapefruit juice. Talk to your doctor as this could make side effects worse.
- Check with your doctor or pharmacist about all other prescription medicines and over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) you are taking before starting this medicine as there are known medicine interactions with thiotepa. Also, check with your doctor or pharmacist before starting any new prescription or over-the-counter medicines, or dietary supplements to make sure that there are no interactions.
- This medicine may interact with St. John's Wort and may lower the levels of the medicine in your body, which can make it less effective.

## When to Call the Doctor

Call your doctor or nurse if you have any of these symptoms and/or any new or unusual symptoms:

- Fever of 100.4° F (38° C) or higher
- Chills
- Tiredness that interferes with your daily activities
- Feeling dizzy or lightheaded
- Easy bleeding or bruising
- Confusion or agitation
- Symptoms of a seizure such as confusion, blacking out, passing out, loss of hearing or vision, blurred vision, unusual smells or tastes (such as burning rubber), trouble talking, tremors or shaking in parts or all of the body, repeated body movements, tense muscles that do not relax, and loss of control of urine and bowels. **If you or your family member suspects you are having a seizure, call 911 right away.**
- Hallucinations
- Trouble understanding or speaking
- Loss of control of bowels or bladder
- Blurry vision or changes in your eyesight



- Numbness or lack of strength to your arms, legs, face, or body
- Signs of abnormal bleeding such as coughing up blood, throwing up blood (may look like coffee grounds), red or black tarry bowel movements, abnormally heavy menstrual flow, nosebleeds, or any other unusual bleeding
- Blood in urine
- Pain in your mouth or throat that makes it hard to eat or drink
- Diarrhea, 4 times in one day or diarrhea with lack of strength or a feeling of being dizzy
- A new rash and/or itching that is not relieved by prescribed medicines
- Signs of possible liver problems: dark urine, pale bowel movements, pain in your abdomen, feeling very tired and weak, unusual itching, or yellowing of the eyes or skin
- Signs of allergic reaction: swelling of the face, feeling like your tongue or throat are swelling, trouble breathing, rash, itching, fever, chills, feeling dizzy, and/or feeling that your heart is beating in a fast or not normal way. **If this happens, call 911 for emergency care.**
- If you think you may be pregnant or may have impregnated your partner

## Reproduction Warnings

- **Pregnancy warning:** This medicine can have harmful effects on the unborn baby. Women of childbearing potential should use highly effective methods of birth control during your cancer treatment and for at least 6 months after stopping treatment. Men with female partners of childbearing potential should use effective methods of birth control during your cancer treatment and for at least 1 year after stopping treatment. Let your doctor know right away if you think you may be pregnant or may have impregnated your partner.
- **Breastfeeding warning:** Women should not breastfeed during treatment because this medicine could enter the breast milk and cause harm to a breastfeeding baby.
- **Fertility warning:** In men and women both, this medicine may affect your ability to have children in the future. Talk with your doctor or nurse if you plan to have children. Ask for information on sperm or egg banking.

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