

Epirubicin (Ellence)

About This Medicine

Epirubicin is used to treat cancer. It is given in the vein (IV).

Possible Side Effects

- Bone marrow suppression. This is a decrease in the number of white blood cells, red blood cells, and platelets. This may raise your risk of infection, make you tired and weak, and raise your risk of bleeding.
- Eye irritation. You may have red, painful, teary, or crusting eyes.
- Nausea and vomiting (throwing up)
- Diarrhea (loose bowel movements)
- Soreness of the mouth and throat. You may have red areas, white patches, or sores that hurt.
- In women, menstrual bleeding may become irregular or stop while you are getting this medicine. Do not assume that you cannot become pregnant if you do not have a menstrual period.
- Infection
- Extreme tiredness or feeling sleepy
- Hair loss. Hair loss is often temporary, although with certain medicine, hair loss can sometimes be permanent. Hair loss may happen suddenly or gradually. If you lose hair, you may lose it from your head, face, armpits, pubic area, chest, and/or legs. You may also notice your hair getting thin.
- Rash and itching

Note: Each of the side effects above was reported in 10% or greater of patients treated with epirubicin. All possible side effects are not included. Your side effects may be different depending on your cancer diagnosis, condition, or if you are receiving other medicines in combination. Please discuss any concerns or questions with your medical team.

Warnings and Precautions

- Skin and tissue irritation including redness, pain, warmth, or swelling at the IV site if the medicine leaks out of the vein and into nearby tissue. Very rarely it may cause local tissue necrosis (tissue death).
- Changes in your heart function such as increased heart rate, abnormal electrocardiogram (EKG/ECG) and congestive heart failure - your heart is not pumping blood as well as it should be, and fluid can build up in your body.

- This medicine may raise your risk of getting a second cancer, such as acute myeloid leukemia and myelodysplastic syndrome.
- Severe bone marrow suppression
- Increased risk of infection
- Tumor lysis syndrome: This medicine may act on the cancer cells very quickly. This may affect how your kidneys work.
- If you have received radiation treatments, your skin may become red after epirubicin. You may develop breathing problems if you have received radiation to your lungs. This reaction is called “radiation recall.” Your body is recalling, or remembering, that it had radiation therapy.
- Blood clots and events such as stroke and heart attack, which can be life-threatening. A blood clot in your leg may cause your leg to swell, appear red and warm, and/or cause pain. A blood clot in your lungs may cause trouble breathing, pain when breathing, and/or chest pain.

Note: *Some of the side effects above are very rare. If you have concerns and/or questions, please discuss them with your medical team.*

Important Information

- Cytotoxic medicines leave the body through urine and stool, but they can also be present in other body fluids such as blood, vomit, semen, and vaginal fluids. Take precautions to prevent others from coming in contact with your medicine or your body fluids. Follow safety precautions during your treatment and for as long as directed by your health care provider after your treatment. If you take a cytotoxic pill each day, follow these precautions every day.
- Talk to your doctor before receiving any vaccinations during your treatment. Some vaccinations are not recommended while receiving epirubicin.
- Urine color may be slightly orange or reddish starting several hours after you get this medicine. This will slowly go away within one to two days.

Treating Side Effects

- Manage tiredness by pacing your activities for the day.
- Be sure to include periods of rest between energy-draining activities.
- To decrease the risk of infection, wash your hands regularly.
- Avoid close contact with people who have a cold, the flu, or other infections.
- Take your temperature as your doctor or nurse tells you, and whenever you feel like you may have a fever.
- To help decrease the risk of bleeding, use a soft toothbrush. Check with your nurse before using dental floss.
- Be very careful when using knives or tools.
- Use an electric shaver instead of a razor.
- Drink enough fluids to keep your urine pale yellow.
- If you throw up or have diarrhea, you should drink more fluids so that you do not become dehydrated (lack of water in the body from losing too much fluid).



- If you have diarrhea, eat low-fiber foods that are high in protein and calories and avoid foods that can irritate your digestive tracts or lead to cramping.
- Ask your nurse or doctor about medicine that can lessen or stop your diarrhea.
- To help with nausea and vomiting, eat small, frequent meals instead of three large meals a day. Choose foods and drinks that are at room temperature. Ask your nurse or doctor about other helpful tips and medicine that is available to help stop or lessen these symptoms.
- Mouth care is very important. Your mouth care should consist of routine, gentle cleaning of your teeth or dentures and rinsing your mouth with a mixture of 1/2 teaspoon of salt in 8 ounces of water or 1/2 teaspoon of baking soda in 8 ounces of water. This should be done at least after each meal and at bedtime.
- If you have mouth sores, avoid mouthwash that has alcohol. Also avoid alcohol and smoking because they can bother your mouth and throat.
- To help with possible signs of early menopause, vaginal lubricants can be used to lessen vaginal dryness, itching, and pain during sexual relations.
- If you get a rash do not put anything on it unless your doctor or nurse says you may. Keep the area around the rash clean and dry. Ask your doctor for medicine if your rash bothers you.
- If you received radiation, and your skin becomes red or irritated again, follow the same care instructions you did during radiation treatment. Be sure to tell the nurse or doctor administering your chemotherapy about your skin changes.
- To help with hair loss, wash with a mild shampoo and avoid washing your hair every day. Avoid coloring your hair.
- Avoid rubbing your scalp, pat your hair or scalp dry.
- Limit your use of hair spray, electric curlers, blow dryers, and curling irons.
- If you are interested in getting a wig, talk to your nurse and they can help you get in touch with programs in your local area.
- While you are getting this medicine, please tell your nurse right away if you have any pain, redness, or swelling at the site of the IV infusion.

Food and Medicine Interactions

- There are no known interactions of epirubicin with food.
- Check with your doctor or pharmacist about all other prescription medicines and over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) you are taking before starting this medicine as there are known medicine interactions with epirubicin. Also, check with your doctor or pharmacist before starting any new prescription or over-the-counter medicines, or dietary supplements to make sure that there are no interactions.

When to Call the Doctor

Call your doctor or nurse if you have any of these symptoms and/or any new or unusual symptoms:

- Fever of 100.4° F (38° C) or higher
- Chills
- Blurred vision or other changes in eyesight



- Red, painful, teary or crusty eyes
- Tiredness that interferes with your daily activities
- Feeling dizzy or lightheaded
- Easy bleeding or bruising
- Your leg is swollen, red, warm and/or painful
- Wheezing and/or trouble breathing
- Chest pain or symptoms of a heart attack. Most heart attacks involve pain in the center of the chest that lasts more than a few minutes. The pain may go away and come back. It can feel like pressure, squeezing, fullness, or pain. Sometimes pain is felt in one or both arms, the back, neck, jaw, or stomach. **If any of these symptoms last 2 minutes, call 911.**
- Symptoms of a stroke such as sudden numbness or weakness of your face, arm, or leg, mostly on one side of your body; sudden confusion, trouble speaking or understanding; sudden trouble seeing in one or both eyes; sudden trouble walking, feeling dizzy, loss of balance or coordination; or sudden, bad headache with no known cause. **If you have any of these symptoms for 2 minutes, call 911.**
- Feeling that your heart is beating fast or in a not normal way (palpitations)
- Weight gain of 5 pounds in one week (fluid retention)
- Swelling of the legs, feet, or ankles
- Pain in your mouth or throat that makes it hard to eat or drink
- Nausea that stops you from eating or drinking and/or is not relieved by prescribed medicines
- Throwing up more than 3 times a day
- Diarrhea, 4 times in one day or diarrhea with lack of strength or a feeling of being dizzy
- Signs of tumor lysis: confusion or agitation, decreased urine, nausea/vomiting, diarrhea, muscle cramping, numbness and/or tingling, seizures
- Signs of infection: fever or chills, cough, trouble breathing, severe pain in your abdomen, difficulty urinating, burning or pain when you pass urine, redness and/or swelling of the skin
- A new rash and/or itching or a rash that is not relieved by prescribed medicines
- If you think you may be pregnant or may have impregnated your partner

Reproduction Warnings

- **Pregnancy warning:** This medicine can have harmful effects on the unborn baby. Women of childbearing potential should use effective methods of birth control during your cancer treatment and for 6 months after stopping treatment. Men with female partners of childbearing potential should use effective methods of birth control during your cancer treatment and for 3 months after stopping treatment. Men with pregnant partners should use condoms during treatment and for at least 7 days after stopping treatment. Let your doctor know right away if you think you may be pregnant or may have impregnated your partner.
- Women may go through signs of menopause (change of life) like vaginal dryness or itching.
- **Breastfeeding warning:** Women should not breastfeed during treatment and for at least 7 days after stopping treatment because this medicine could enter the breast milk and cause harm to a breastfeeding baby.



- **Fertility warning:** In men and women both, this medicine may affect your ability to have children in the future. Talk with your doctor or nurse if you plan to have children. Ask for information on sperm or egg banking.

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